





News box

Sewage overflowing, 'contaminating drinking water' in Gurgaon's Sushant Lok 1

GURGAON. Residents of Sushant Lok 1 have been grappling with the problem of overflowing sewer lines for the past two years. They said on Sunday that the situation worsened over the last few months because sewer lines were not desilted, causing wastewater to back up and overflow on to streets across the colony.



"The situation is unbearable, and it has impacted our lives severely. Even devotees are forced to navigate through dirty water to get to the colony temple. MCG needs to carry out the desilting of sewer lines in the colony on an urgent basis to prevent further overflow and contamination of the drinking water supply," said Deepak Verma, president of Sushant Lok-1 RWA.

Youth comes in touch with wire, dies of electric shock

GURGAON. A 20-year-old labourer was electrocuted when he came into contact with an overhead electric wire in Tigoan on Sunday morning. He was among a group of kanwariyas from Nawada and Tigoan villages in Faridabad preparing for the Kanwar yatra to Haridwar.

Sewage flows into Ghaziabad forest, none to take care of trees here

GHAZIABAD. Lush jamun, banyan, kanakgandha, amaltas and neem trees spread over a 200-acre forest crisscrossed by quaint walking trails and sporadic faded thatched huts for walkers to take rest — sitting just across the Hindon banks, Sai Upvan often referred to as the Ghaziabad's "green lung" has long countered the city's carbon output and provided scores of walkers a green oasis of calm amid the hub drub of the industrial city.

Hot & humid weather causes uptick in flu, typhoid, eye infection cases: Doctors

GURGAON. Scant rainfall, high humidity and warm days are reasons that doctors suspect more people are being diagnosed with viral fever, diarrhoea, typhoid, jaundice, eye infections, abdominal pain and skin rashes. Doctors in the city said on Sunday that they have noticed a 35-40% increase in the number of patients complaining of similar ailments in OPDs over the past few weeks.



in residential areas, and contamination of water supply if not kept properly. "During periods of high humidity, people commonly experience gastrointestinal symptoms such as diarrhoea, vomiting, and abdominal pain as well as viral and bacterial infections. To prevent these issues, it is imperative to maintain proper hydration, practice good hygiene, consume well-cooked food and avoid stagnant water sources. We are treating patients with a combination of rehydration therapies and antibiotics for

bacterial infections, antiviral medications and symptomatic relief measures," said Virender Yadav, chief medical officer, Gurgaon. Some doctors said there was an uptick in the number of patients diagnosed with jaundice and gastroenteritis. Dr Amitabha Ghosh, a consultant for internal medicine at Manipal Hospital in the city, emphasised on the importance of maintaining good hygiene practices such as use of clean utensils, regular washing of hands and raw food.

Gurgaon: How leakages in a pipeline leave this key city road riddled with potholes

GURGAON. The master water supply line along the road between RezanLa Chowk and Krishna Chowk is old and in dilapidated state, leading to frequent leaks. Commuting, therefore, becomes difficult on the stretch that is a crucial link to Palam Vihar, and sectors 23A, 110A, 112, 113, and 115. Encroachments and illegal cuts add to woes. Frequent damage to the pipeline also forces authorities to repeatedly dig the road, leaving behind patchwork repairs and sections riddled with potholes.



provided so far. Lajpat Gupta, a resident of Palam Vihar, said, "Repeated repair of the pipeline has worsened the road condition and I have not seen GMDA carrying out the recarpeting of this stretch for the last four years. We have been asking GMDA to come up with a permanent solution. Crossing this stretch has been a daily hassle." Residents also pointed out that after the opening of

Dwarka Expressway, traffic on this route has increased manifold as commuters take this stretch to reach Udyog Vihar. This has put additional pressure on the already deteriorating road condition. "Traffic has increased over the past few months and illegal cuts have also added to our woes. Moreover, there is no safe space for pedestrians because of encroachments, which the authorities concerned have repeatedly failed to notice," JP Dahiya, president of Sector 23A RWA (west zone), said on Sunday. A senior GMDA official said, "The authority will carry out repair work immediately after the rainy season as this weather is not conducive for bituminous work. We will also undertake necessary actions on unauthorised cuts to ensure smooth flow of traffic."

Man dies, daughter injured as auto flips on Gurgaon-Delhi Expressway

GURGAON. A 50-year-old private company employee died, and his daughter suffered injuries when the auto-rickshaw they were travelling in overturned on the Gurgaon-Delhi Expressway near Beriwal Bagh on Saturday afternoon. After the accident, the auto driver abandoned the vehicle and fled the spot. Based on the daughter's complaint, police registered a case against the accused auto driver. Mahendra Kumar was from Jakhour village in UP's Hardoi. In her complaint, Puja said she and her father had travelled to Naharpur to visit her sister, Laxmi. "After meeting my sister, we were on our way back to Jakhour. We boarded an autorickshaw in Naharpur to go to Gurgaon bus stand. The auto driver was driving carelessly at a high speed, despite our warnings. When we reached Beriwal Bagh on the Gurgaon-Delhi Expressway, the auto-rickshaw went out of control and overturned on the highway in front of the Nexa showroom near Beriwal Bagh," Puja said.

Cameras to check waste management ops & curb illegal dumping at 14 sites in Gurgaon soon

GURGAON. Secondary waste collection points and Bandhwari landfill site will be monitored via CCTV cameras to prevent unauthorised dumping and improve checks on garbage management services in the city. GMDA will install a total of 62 CCTV cameras at the cost of Rs 4 crore during the first phase of the project at 14 waste collection sites, including Dundahera, Atul Kataria Chowk, Sheelta Mata Mandir, Roshanpura Sabji Mandi, Sector 37, Khandasa, Beriwal Bagh, opposite court parking, Prempuri Jharsa, Nathapur, Chakkarpur, Wazirabad, Kanhai and Sector 70.

Sahib Singh: A Rising Star in International Chess

New Delhi: Sahib Singh, a 16-year-old genius currently studying at Prudence School Ashok Vihar, is a highly promising and passionate international chess player. Since beginning his chess journey in 2015, Sahib has accumulated a remarkable list of achievements. Over these eventful years, Sahib has won numerous accolades at the State level, National Schools, Asian Youth championships, and a remarkable gold hat-trick at the Western Asian Youth Chess Championship in 2022.



trick at the Western Asian Youth Chess Championship in 2022. His current Fide Rating is 2445, making him the highest-rated player in India for his age category of 2008 born kids and in the prestigious list of top 100 players in India over all age categories. He achieved the title of CM (Candidate Master) in 2022 and FM (FIDE Master) title in 2023. Currently, with 2 IM norms and 1 GM norm under his belt, He is only one norm shy of becoming an International Master. Sahib's dedication to chess requires intensive training and hard-work under the guidance of his coach, GM Swayams Mishra while maintaining an extremely delicate balance of Chess with his Academics. Sahib's commitment to his passion sees him traveling extensively with his father to participate in various events worldwide, all in pursuit of his ultimate dream: Becoming the first Sikh IM/GM and then fetching the prestigious title of Super Grandmaster and making his country proud.

to chess requires intensive training and hard-work under the guidance of his coach, GM Swayams Mishra while maintaining an extremely delicate balance of Chess with his Academics. Sahib's commitment to his passion sees him traveling extensively with his father to participate in various events worldwide, all in pursuit of his ultimate dream: Becoming the first Sikh IM/GM and then fetching the prestigious title of Super Grandmaster and making his country proud.

Multiple 'Name Change' notices for individuals like Vinita Marwaha, Rajkalya Pal, and Satish Kumar, detailing their previous names and reasons for the change.

A collection of public notices including 'Name Change' for Inder Jeet Singh, 'Name Change' for Lajpat Nagarkar, 'Name Change' for Lajpat Nagarkar, 'Name Change' for Lajpat Nagarkar, and 'Lost and found' for a driving license.

A grid of 'Name Change' notices for individuals like Mohmed Ali, Mohd Amir, Mohd Idrish, and others, detailing their previous names and reasons for the change.

A grid of 'Name Change' notices for individuals like Manisha Sharma, Jai Prakash Bhatti, and others, detailing their previous names and reasons for the change.

A grid of 'Name Change' notices for individuals like Vishal Ahmud, Chandan Kumar, and others, detailing their previous names and reasons for the change.

A grid of 'Name Change' notices for individuals like Renua Ranu, Sheela Bangarwa, and others, detailing their previous names and reasons for the change.

A grid of 'Name Change' notices for individuals like Jai Prakash Bhatti, Rakesh Kumar, and others, detailing their previous names and reasons for the change.

A grid of 'Name Change' notices for individuals like Swetha, Nareesh Kumar, and others, detailing their previous names and reasons for the change.

A grid of 'Name Change' notices for individuals like Amir, Inder Jeet Singh, and others, detailing their previous names and reasons for the change.

A grid of 'Name Change' notices for individuals like Rakesh Kumar, and others, detailing their previous names and reasons for the change.

A grid of 'Name Change' notices for individuals like Swetha, Nareesh Kumar, and others, detailing their previous names and reasons for the change.

A large public notice from the Government of India (Bharat Sarkar) regarding the Ministry of Railways (Rail Mantralaya) and the Railways Board. It includes details about the tender for the supply of long rail exchange, contact information, and a QR code for more details.





## Geeta Bali stardom, Amritsar to Bombay

Like a typical heroine of yesteryear, Geeta Bali's real life story, too, reads like a script of her black and white films. She dropped out of school after Class 6 to help her family — a blind father, a partially deaf mother, a partially deaf elder brother and a sister. Her family would travel to Burma, Malaya and Sri Lanka, along with her father Kartar Singh, who was a religious preacher. The family lived in the vicinity of Chowk Baba Sahib, near the Golden Temple in Amritsar.

During their trips to other countries, Geeta — born Harkirtan Kaur — and her elder sister Hardarshan Kaur gave stage performances. Both were excellent dancers. Geeta had learnt classical dance and music, horse riding and Sikh martial art 'gatka' at a young age. However, these performances by the two young girls did not find favour with conservative Sikhs. In December 1939, they were not allowed to perform at Lahore. The nine-year-old Harkirtan vowed that she would come back and perform at the same venue. The resolute girl kept that promise — nine years later, she performed at the same stage as a star, Geeta Bali. As a child, Geeta was selected to sing for a programme at the All India Radio, Lahore. The vivacious girl wanted to emulate Shirley Temple, an immensely popular American child star of her era. She was noticed by Pt Gyan Shankar, a leading choreographer, who selected her for a documentary film, 'The Cobbler' (1942). Her agility and sense of rhythm won her a solo performance in RK Shorey's Punjabi film, 'Badnami', in 1946. The same year, Mazhar Khan, a renowned producer-director from Bombay, signed her for a film. Geeta shifted to Bombay, along with her family and Pt Gyan Shankar.

Mazhar's film got delayed and Pt Shankar came across well-known film-maker Kidar Sharma, whom he had known since his Amritsar days. Geeta was not beautiful in the traditional sense. She was quite thin, but Sharma was impressed by her sense of humour and eloquent eyes. He signed her for 'Suhaag Raat' (1948) at a princely sum of Rs 26,000, against the wishes of his brother and the studio staff. The film turned out to be a blockbuster.

Sharma repeated her in more films, including 'Neki Aur Badi' (1949), 'Bawre Nain' (1950) with Raj Kapoor, and 'Rangeen Raaten' (1956) with Shammi Kapoor, whom she married in a temple on August 24, 1955, with only one other person in attendance. Earlier, Dev Anand had cast her in Navketan production 'Baazi' (1951), in which Guru Dutt made his debut as a director. 'Baazi' was a super hit. People thronged theatres just to see her song 'Tadbir se bigdi hui taqdeer bana le', and her superb dancing. Anand and Geeta went on to give five more hits — 'Jaal' (1952), 'Kishti' (1954), 'Farar' (1955), 'Milap' (1955) and 'Pocket Maar' (1956).

Considered inimitable, Geeta worked with top names like Madhubala in 'Dulari' (1949), 'Neki Aur Badi' and 'Nishana' (1950); with Suraiya in 'Bari Behen' (1949); and with Kamini Kaushal in 'Jailor' (1958). However, in all these films, only her superb performances are remembered. Meena Kumari once said, "Geeta is more accomplished than me as an actress. She has a much wider range." She became so popular that whenever she came on screen, the crowds would chant, "Geeta Bali, chai ki pyali". Her 'Anand Math' (1952) is remembered for its patriotic fervour and the song 'Vande Matram', which has been ranked as one of the best composed songs in Hindi cinema.

Having seen hardship, Geeta would often help her colleagues in need. She helped Guru Dutt to first turn producer and then a hero in her production 'Baaz' (1953). Surinder Kapoor, actor Anil Kapoor's father, was Geeta's secretary. She also helped him become a producer. Rajesh Khanna, who was doing theatre, would visit the building where Geeta had her office. She wanted to cast him as a hero in her last incomplete film 'Rano' (1964), based on Rajinder Singh Bedi's novel 'Ek Chadar Maili Si', but it was Dharmendra who bagged the role. Geeta would get 10 per cent of her earnings from her mother. She kept this money in a cupboard in Kidar Sharma's office.

## A tailor and a man on the moon

It took a while to mollify Chooru Ram that wanderings into space were not in search of god

Fifty-five years back, almost to the day in July 1969, two events took place. The major event was that Chooru Ram, the resident tailor at my school, was steeling himself to believe in science and space travel. The minor event was that Neil Armstrong had landed on the moon. Both, as I learnt, were interconnected. Like many other boarding schools, Shimla's Bishop Cotton School was a tiny 'nation-state' in itself. Apart from its administration and hierarchy, it was also fairly self-sufficient. There was a very obvious requirement of a huge kitchen, and there was an infirmary, a bakery and 'dhobi ghat'. It also had its own barber and tailor. The barber's mandate was to cut hair as close as possible, preferably without injury to the scalp. Then, the tailor, ah, well, he was the one and only Chooru Ram. By his own assertion, Chooru Ram had been prescribed a medicine which was only to be taken in the evenings when the lights were low and the comings and goings in the tailor room had decreased. He would pull the bottle out of a cupboard and place the medicine next to his miracle-working sewing machine. With each swig of medicine, the foot pedal of the sewing machine would go faster. The hand wheel would accelerate to an indeterminate speed. School uniforms would be stitched or repaired in the twinkling of an eye by this one-man assembly line. The fact that he was the senior tailor in school did not deter him from having a mind of his own. He had his own version of the sciences and was an original 'flat-earther'. He did not believe that the planet was round and coaxed by the wheels and windmills of his mind, also dismissed the planet's rotation on its axis or around the sun. Those were days before television and various people, ranging from schoolmasters to pupils, showed him books and magazines with graphic depictions of the solar system. Chooru Ram was neither interested, nor impressed. He had a simple answer to all this badgering, "If what you say is true, and the earth goes round and round, then, why is this door in the same place in the evening? It should be in the opposite position." And further, "Has someone seen that the earth is round? You show me pictures which have been made by people who have not seen the earth except from earth." The simplicity of this logic, while fallible, could not be explained or discussed, especially after he had had his medicine. On July 24, 1969, the space harvest



sown by American President John F Kennedy some years earlier was reaped by President Richard Nixon. A manned mission landed on the moon. On their return, the astronauts of Apollo 11 were feted and this historic moment reverberated around the world. This also led to a slew of brightly coloured print coverage. In August that year, a special edition of the iconic 'Life' magazine carried a grand visual spectacle of the moon landing. This publication, among others, was something that came home regularly. My father, who taught physics at Bishop Cotton, in his wisdom, decided to loan this and some other publications with pictures of the earth taken from the moon, to a group of students who sallied forth to show them to Chooru Ram. These, once and for all, were expected to prove that the earth was round. Reports came back that when these publications were shown to the tailor, sparks prepared to fly from the sewing machine. Chooru Ram was in distress and as far as he was concerned, these scientific measures were blasphemous. "Why did they do that?" he is said to have cried. "Why do they want to look for god when he is in our hearts?" For him, the moon mission was taken as man's temerity to look for the divine. No more, no less.

It took a while to mollify him that these wanderings

into space were not in search of god. As far as one knew, the so-called 'seekers' believed more in empirical science, as compared to something else. Then came the day when matters between science, the moon mission and Chooru Ram came to be sorted. President Nixon decided to gift a piece of the moon that had been brought back by the astronauts, to various countries around the world. India also received a small moon rock and this was then sent on tour across the country. In Shimla, this was placed for display in the old band stand on the Ridge, the structure that now houses a restaurant. Some of us went to take a look and as far as we were concerned, this priceless object looked no different from any other stone. The matter was dutifully reported to Chooru Ram. His reaction is not known.

Now, for a disclaimer: there may be some embellishments in this story, but those are only in terms of language. A little 'verbal decoration'. 'Dal pe tadka', coriander and chilli garnish, if you will. However, the dish remains intact. The facts in this story remain correct to the best of my knowledge. Neil Armstrong, despite what conspiracy theorists may say, did walk on the moon. More importantly, Chooru Ram started believing in a miracle called science and even began passing the message along.

## Warning to Pakistan

India must do more to curb cross-border terror

PRIME Minister Narendra Modi chose a befitting occasion — the 25th anniversary of India's victory in the Kargil War — to warn Pakistan that Indian soldiers would foil all its attempts to perpetrate terror. Addressing a ceremony at the Kargil memorial in Dras in the presence of the military top brass, Modi said falsehood and terror were brought down to their knees by the truth in the 1999 war. He also lamented that Pakistan had not learnt any lesson from the past. His sharp remarks came amid a spate of terror attacks in the Jammu region after he took oath last month as the PM for the third time. The message sent out to Pakistan is loud and clear: Sponsor terrorism and proxy wars at your own peril. However, it seems unlikely that such tough talk would suffice to make the neighbour see reason and mend its ways.

The menace of infiltration — which had sparked off the war on the icy heights — is nowhere near being wiped out. Pakistan-trained terrorists continue to sneak in, keeping Indian security personnel on their toes round



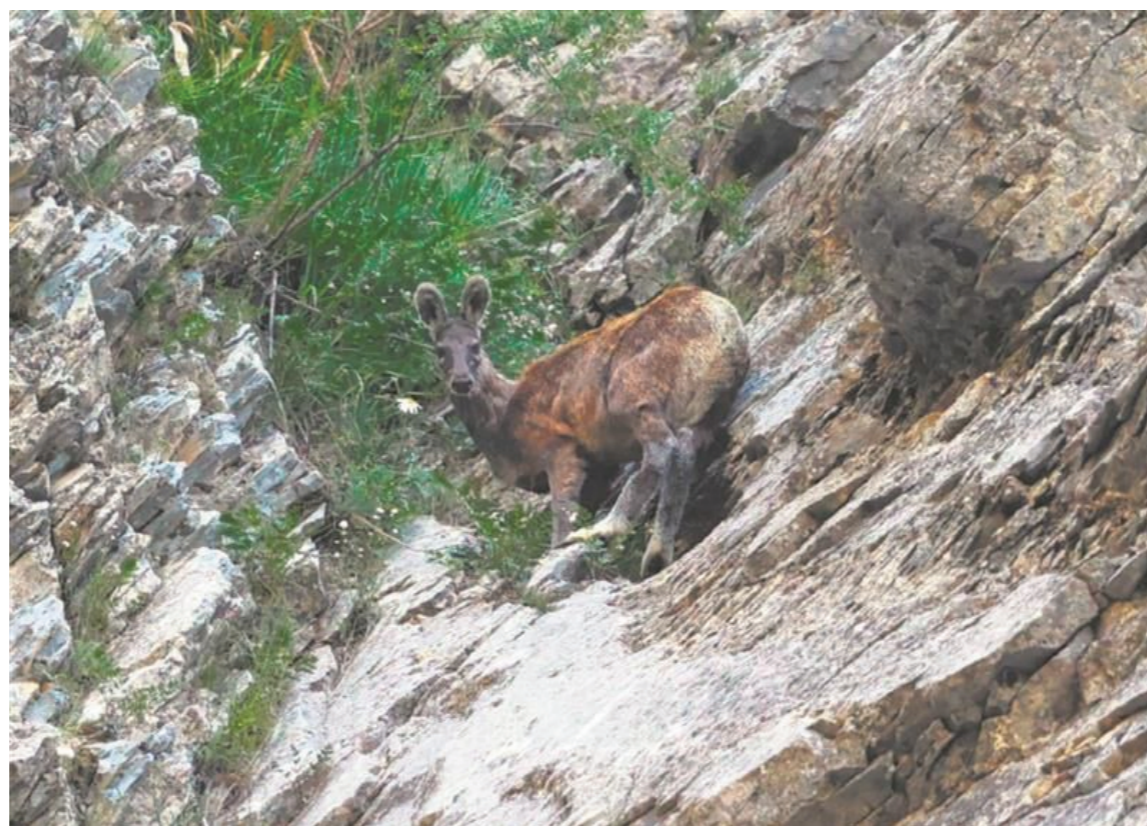
the clock. Despite its economic woes and political mess, Pakistan has no qualms about targeting India by plotting terror attacks and sending drones with payloads of drugs and arms. The onus is on India to recalibrate its counter-terror strategy in J&K or plan something similar to the 2016 surgical strikes and the 2019 Balakot airstrikes.

Unfortunately, the PM struck a discordant note by raking up the frauds allegedly committed by previous governments in defence deals. He also tore into the Opposition for opposing the Agnipath scheme. With the entire nation remembering the supreme sacrifice made by 559 bravehearts, political one-upmanship should have been avoided. The Opposition has only added to the acrimony by accusing the PM of spreading lies about the contentious recruitment scheme. This slanging match can be detrimental to national security and may render the country vulnerable to a Kargil-type misadventure by Pakistan.

## 90 minutes with a musk deer in Gurez

COMPARED to habitats in the plains, wildlife across the Himalayas, particularly in the western sections of the mountain range, is known to be less in diversity and numbers. This conforms to the ecological reality that 'species' diversity decreases from the lower to higher altitude'. That said, the Himalayan landscape harbours some magnificent fauna, unique to the area and vehemently sought after by wildlife enthusiasts. The sheer hostility of the terrain and harshness of the climate makes wildlife viewing more exciting and adventurous. My profession has provided me opportunities to explore the Himalayan wildlife across the mountainous regions of Jammu and Kashmir, and Ladakh. I am among the lucky and privileged ones to have sighted and photographed all but a few of the wild mammal species of the region — from the snow leopard, the grey ghost of the trans-Himalayas, to the largest carnivore of the entire Himalayan range, the brown bear, to the most critically endangered of the mountain deer, the Kashmir red deer or Hangul. One species that eluded me for long is the musk deer, an enigmatic creature, which by taxonomic nuances is not even a true deer! It is a smaller antler-less, large-eared 'deer', standing 40-50cm at the shoulder, having unequal hind and forelimbs, whose males sport a distinct pair of fang-like canines — all un-deer-like characters!

I did have my chances of sighting the animal on a couple of occasions, first during my student days while surveying in the hills of Ranikhet, Uttar Pradesh (now Uttarakhand), in 1995, and then five years later during my early professional life, in the Overa-Aru Wildlife Sanctuary, near Pahalgam, Kashmir. On both the occasions, it was just a snapshot glimpse, neither long enough to be registered in the brain, nor good enough to be captured in a frame. All these years, I have longed for a more satisfying view of this magical animal. Finally, the opportunity came when I was sent off on



an official assignment to Gurez, north Kashmir, this summer. Flanking the valley on its north-eastern side, Gurez is a picturesque vale surrounded by dense conifer forests of fir, spruce and blue pine, with cliffy peaks towering overhead, supporting patches of birch and juniper. There may not be any officially notified national park or wildlife sanctuary in Gurez, but its forests, home to a variety of bird and animal life, merit its inclusion in the Protected Area map of

the country. After a disappointing rainy morning and forenoon that upset all my plans of watching birds, the sun finally shone in the afternoon, allowing me to venture out with two local guides from Barnai, a small hamlet 16 km south-east of Dawar, the administrative headquarter of Gurez. We crossed a log-bridge on the stream near the village and took a trail into the Chek nullah. The trail soon became steep and led us to a narrow gorge overlooking a road and

the stream, running parallel to each other. On the opposite side, about 90 metres from where I stood with my camera and binoculars, I noticed a rocky cliff that rose almost vertically from the road below. My attention was caught by some protruding rocks and a few crevices, ideal for vultures to perch on and nest. I scanned the cliff with my binoculars, hoping to see a Himalayan vulture or a lammergeier. Suddenly, I noticed movement in one of the crevices which supported a bit of grass. I couldn't believe my eyes when I saw a musk deer standing still, holding on firmly to the little ground available under its hooves. The animal was panting with its tongue out as if it had escaped a predator, or was running away on being disturbed by a human. Whatever the reason, it had found the perfect spot to take refuge.

I watched more keenly and could see it was a female, as it lacked the canine tusks, prominent in males. The grey face and throat and greyish brown back with prominent spots confirmed her to be a Kashmir musk deer, a species endemic to the Kashmir Himalayas.

I handed over the binoculars to my companions for them to have a look while I set my camera on one of the rarest subjects it had ever clicked. I took as many pictures as I could, fearing that the animal may vanish as soon as she saw us. But, to my surprise, she remained right there, undeterred by our presence and unaffected by the noise of the traffic on the road beneath. After a few minutes, she stopped panting and made a slow but steady move up the rocky cliff.

She was now on a better perch with greener surroundings and gave a sideways pose for my camera, with the flowering foxglove lily in the background. For the next hour-and-a-half, I remained glued to my binoculars, cherishing every blink of her eye and every flick of her ear. I was finally able to see the animal in a manner that satiated the appetite of the 'wildlifer' in me.



Beauty benefits of

# Charcoal

When it comes to beauty, it's always a confusion between what you need, what you want and what really works. Products come and go, few making it to your permanent beauty kit. Charcoal beauty products were there since long but showed great effects only recently. Sure, a lot of people are intimidated by the colour of a skin product but trust us to say that it can make a huge difference to your look.

A new polish to Jewellery Jewellery has been as integral part of our culture since time immemorial.

Trendy designs and deeper pockets have resulted in rise in jewellery demand. The best way to make a man feel like a king, or a woman, a queen, is by way of precious gems and jewels. An adornment beyond ages and boundaries, it has reached new heights with innovations and realisations. The amalgamation of skill and design over the years has resulted in contemporary pieces that leave one awestruck. From sparkling stones to solitaires, all of us have our personal favourites. Speaking more on it, Kunal Narula, an entrepreneur, said, "Jewellery caters a variety of demand today. India proudly boasts of a large number of legacy workers mastering jewellery making and that of various intricacies including polki, kundan, cut work and others. The modern age sees an emergence of simple and elegant designs as well as recycled and junk jewellery, which have become a part of the run."



Adding on, he said, "Today, gems or other precious stones are not only the definition of primness, but it is the way they are carried and that makes the difference. Junk jewellery has reached the pinnacle of its curves and is widely worn and appreciated." Other jewellery that is gaining popularity is the one made of silver. It is affordable and is seen having wide options. The jewellery industry has also given rise to many new professions due to its increasing demand, such as designers, gemmologist, enterprising e-



Gone are the days when you walk into a beauty store and the saleswoman tries to sell you products with tea tree oil extracts or salicylic acid. If you are looking for an excuse to lay off the chemicals in skin products available in the market, charcoal is the best option. With international celebs posting pictures of wearing charcoal face masks on social networking sites, it's definitely on our lust list this month. CT finds out what's there to love about it.

**THE SECRET OF BLACK MAGIC...**  
If you think charcoal has made it to the beauty and the health market recently, you cannot be more wrong! This ingredient first started doing the



rounds in the 19th century as a cure for hangovers and flatulence. Beautician Nishi Anand explains, "Charcoal has come back to the beauty market again because of its ability to absorb toxins and cleanse the system. Whether it is in the form of capsules, beauty masks or otherwise -this product is nowadays used for a maximum number of beauty and health purposes."

**PURIFIES AND DEEP CLEANSSES THE SKIN**

Charcoal is known to absorb 100 to 200 times its weight in removing impurities from your system, thereby keeping your skin clean, youthful and flawless. Beauty professional Riddhima Negi says, "When it comes to domestic market, the beauty industry is opening up to the benefits, charcoal has to offer. It's effective in treating body odour, acne and relieving from insect bites and rashes."

**OFFERS ANTI-AGEING BENEFITS TOO...**

Due to its ability to prevent cellular damage to the adrenal glands, its important to cleanse toxins and

chemicals routinely from your body. Health experts and doctors often recommend the use of creams or face masks that contain charcoal in it to prevent ageing and delay the signs of it. It tightens skin to shrink bags and smooth fine lines. Take that, saggy jawline and wrinkly neck! jawline and wrinkly neck!

**CHARCOAL AVAILABLE IN VARIOUS FORMS**

**Face wash:** These days, markets are flooded with face washes that contain charcoal for both men and women. Formulated for all skin types, it prevents acne and pigmented skin.

**Toothpaste:** Those that contain charcoal protects your gum, while whitening your teeth. A wide range of charcoal toothpastes are easily available in the domestic market too.

**Soaps:** While there is an abundance of face washes and toothpastes that contain charcoal in the market, soaps are easily available online. Apart from taking care of your facial skin, charcoal soaps ensure that if you have any skin problems on your hands, legs and other parts of the body, it prevents skin ailments like rashes, body odour etc.

## How to do Eyelash tinting look in five steps

Your home can be a great source for skin care products, especially your kitchen is full of natural elements that help take care of your kin.



These simple skincare techniques, are all homemade and can be easily done; they are excellent ways to help you achieve that flawless glowing skin.

1. Mash fresh fruits well and applied directly on the skin. It will give your skin a fresh glow.
2. Mix 1 part of lemon juice, 1 part rose water and 4 parts of chilled water. Spray it on your face regularly during the day. It will keep your skin dew fresh and cool.
3. Multani mitti or fuller's earth is the main element in major face packs. Known for its skin cleansing benefits, it is also rich in minerals to nourish your skin. Try this soothing face pack. Mix 2 tsp of multani mitti with half a tablespoon of sandalwood powder and 2 tsp of chilled rose water. Apply even on your face and neck. Leave it on till the mask dries. Rinse off with cool water and find your skin refreshed and clean.
4. Powder sun dried orange peel and mix it with milk. Apply this to your face regularly and watch your skin glow.
5. Raw potato juice is an excellent remedy for treating marks and scars on your skin.



## Homemade remedies for flawless and glowing Skin

Your home can be a great source for skin care products, especially your kitchen is full of natural elements that help take care of your kin.

These simple skincare techniques, are all homemade and can be easily done; they are excellent ways to help you achieve that flawless glowing skin.

1. Mash fresh fruits well and applied directly on the skin. It will give your skin a fresh glow.
2. Mix 1 part of lemon juice, 1 part rose water and 4 parts of chilled water. Spray it on your face regularly during the day. It will keep your skin dew fresh and cool.
3. Multani mitti or fuller's earth is the main element in major face packs. Known for its skin cleansing benefits, it is also rich in minerals to nourish your skin. Try this soothing face pack. Mix 2 tsp of multani mitti with half a tablespoon of sandalwood powder and 2 tsp of chilled rose water. Apply even on your face and neck. Leave it on till the mask dries. Rinse off with cool water and find your skin refreshed and clean.
4. Powder sun dried orange peel and mix it with milk. Apply this to your face regularly and watch your skin glow.
5. Raw potato juice is an excellent remedy for treating marks and scars on your skin.



# Delhi coaching centre deaths: Building owner arrested, bulldozer action begins

**Delhi Police arrested five more people in connection with the deaths of three civil service aspirants who drowned in the flooded basement of a coaching centre in Rajinder Nagar, bringing the total number of arrests to seven.**

**New Delhi:** Delhi Police have arrested five more people in connection with the deaths of three civil service aspirants who drowned in the flooded basement of a coaching centre in Rajinder Nagar, bringing the total number of arrests to seven. Meanwhile, bulldozer action has commenced to remove encroachments near Rau's IAS Study Centre. Delhi Police had already granted permission for the operation. Among those arrested are the owners of the basement and a person whose vehicle was seen driving by the coaching centre and sending a huge wave of water crashing into the institute's gate, allegedly damaging it during the heavy rains, police said on Monday. The owner and coordinator of Rau's IAS Study Circle, where the tragedy occurred, were arrested on Sunday. Both were charged with culpable homicide, negligence and other charges, and sent to judicial custody. "Whoever is at fault in this incident will not be spared," said Deputy Commissioner of Police M Harshvardhan. "We are taking strict action against those

responsible for the incident and maintaining law and order in the area." Among the latest arrests are four relatives of Amarjeet, the building owner, including his son. The different floors of the building were registered under the names of different owners. Additionally, the owner of a Force Gurkha car, which is believed to have damaged the gate of the building, has also been taken in custody. A now viral video shows the SUV driving down the waterlogged road in front of the coaching centre, which results in a large amount of water hitting the institute's gate. The gate buckles under pressure, allowing water to gush into the basement. Police are scrutinising the building's structure and the role of the local municipality in managing the area's drainage system. The Delhi Fire Service is inspecting the building and its basement, which was illegally used as a library. Sources said police will question municipal officials about the area's drainage system and issue a notice

seeking information. Those responsible for maintaining the system have been named as accused in the FIR.

Bulldozers are removing encroachments near the coaching centre following prior approval by Delhi Police to carry out the operation. The absence of a proper drainage

coaching hub to initiate action against institutes operating from basements. Thirteen such coaching centres were sealed during the action.

Amid growing public anger, security has been tightened in the Old Rajendra Nagar area. Protests erupted outside the coaching centre,

with students demanding justice for the victims. "We have deployed paramilitary forces and police in the area to maintain law and order," a senior police officer said. More than 35 individuals, including students and staff, were trapped on Saturday evening when water began flooding the coaching centre's basement following heavy rains. Three students—Shreya

Yadav from UP, Tanya Soni from Telangana, and Navin Dalwin from Kerala—lost their lives in the incident. Delhi Police have registered an FIR and formed multiple teams to probe the incident. The Delhi government has ordered a magisterial inquiry into the tragedy.



system, safety violations at the coaching centre, and illegal basement operations have been blamed for the deaths. An MCD official highlighted "gross criminal negligence" on the part of the institute owner.

The Delhi government said in a statement that a civic body team visited the central Delhi

## Javed Akhtar Says His X Account "Hacked", Post On Olympics "Not By Me"

**New Delhi:** Noted lyricist-screenwriter Javed Akhtar has said his X account was "hacked", following which a "totally harmless" message about the Indian contingent for the Paris Olympics 2024 was sent under his name. The 79-year-old, who actively uses the micro-blogging site to express his views on a range of topics, shared the update on his page on Sunday night. "My X ID is hacked. There is a message ostensibly from my account about our Indian team for Olympics. It is totally



harmless but not sent by me," Mr Akhtar wrote. He neither revealed when he found out about the alleged breach of security nor did he detail the contents of the alleged post that was sent out to from his verified handle. The industry veteran also informed his 4.6 million followers on X that "we are in the process of complaining" to the concerned authorities at the social media platform. His bio on the platform reads: "A poet, lyricist, scriptwriter, atheist and a die-hard optimist". His handle on X is "@Javedakhtarjadu".

## "Main Opposition Does Not Favour...": Rajya Sabha Defers Delhi Horror Debate

**New Delhi:** The Rajya Sabha on Monday deferred a short discussion to flag the death of four students - three drowned in the flooded basement of an east Delhi coaching centre on Saturday and a fourth was electrocuted last week. Chairperson Jagdeep Dhankhar said he had received three notices for suspension of regular House business but this was opposed by the Congress, the primary opposition.

"This was conveyed to me by Jairam Ramesh (the Congress' comms chief) in categorical terms." The Congress reportedly also wanted a discussion on other issues affected students, including the contentious NEET-UG examination row, as well as violence and unrest in Manipur.

Earlier Mr Dhankhar had slammed the business of coaching centres, telling the House, "Coaching has become virtually commerce. Every time we read a newspaper, front one or two pages are their ads..."

"I have received notices under Rule 267...they (the MPs who served the notice) have demanded a discussion on the tragic death of three students in Delhi due to negligence of authorities..." he had said. Among those who served notice was Aam Aadmi Party MP Swati Maliwal - a political twist given her fractious current relationship with the party; the former Delhi Commission for Women chief is roiled in a court case with Chief Minister Arvind Kejriwal's aide, Bibhav Kumar, whom she has accused of assault. Ms Maliwal - who remains a member of the AAP, for now - said she was seeking "justice and compensation" for the families of the students, all of whom were studying to clear the UPSC exams. "I have filed notice today for suspension of business... for discussion on the pertinent issue - justice and compensation for the four UPSC aspirants who died... (the) voice of the students will not go unheard." Several BJP leaders, including Sudhanshu Trivedi and Ram Chandra Jangra, and the CPIM's John Brittas, had also served notices. Parliamentary Affairs Minister Kiren Rijiju also backed a discussion. Meanwhile, the tragedy was also mentioned in the Lok Sabha. "It's a shocking situation... when you have a brilliant student (whose) dreams of serving the nation... have been shattered and the hopes of the family have been shattered. This is a matter which obviously calls for compensation... but no compensation can be enough..." Congress MP Shashi Tharoor said.

## Congress MP Says Some Coaching Centres Have Become "Mafias", Minister Responds

**New Delhi:** During the discussion on the Union Budget on Monday in the Lok Sabha, Congress MP KC Venugopal highlighted the tragic deaths of three UPSC students in the basement of a coaching centre in Delhi's Old Rajinder Nagar and also raised concerns about discrimination against SC/ST students in higher educational institutions. Highlighting the rising suicides, he noted, "In the Upper House, a Minister answered this question in 2023, stating that from 2018 to 2022, around 18 students committed suicide in higher education institutions, including IITs and IIMs. One of the main reasons is caste discrimination occurring in these institutions. This issue should be urgently considered." Mr Venugopal also addressed the issue of safety and

regulation in coaching centres across the country, pointing to the recent tragedy in the national capital's Old



Rajinder Nagar.

The day before yesterday, a very sad incident happened in a coaching centre in New Delhi, where three students lost their valuable lives. This centre, as per media reports, was operating without

proper approval or facilities. Some coaching centres have become 'mafias'. Will the government take any action?" the Congress MP questioned.

In response, Union Education Minister Dharmendra Pradhan assured that the government is committed to the socio-psychological and mental protection of all students, regardless of where they study. "Honourable member has raised a question, which is not related to the question of the day, but I would assure, through you, that this government is committed to socio-psychological and mental protection of all kinds of students, whether they are studying in the coaching centre, institution, school or high educational institutes," he said, replying to Mr Venugopal.

## "Let Students Come": Supreme Court Refuses To Hear Plea Over UGC-NET

**New Delhi:** The Supreme Court on Monday refused to entertain a PIL challenging the government's decision to cancel the UGC-NET examination following alleged question paper leak.

A bench comprising Chief Justice DY Chandrachud and justices JB Pardiwala and Manoj Misra, however, said the dismissal of the PIL does not amount to a decision on the merits of the PIL as it was filed by a lawyer and not by aggrieved students. "Why are you (lawyer) coming? Let the students come here themselves," the CJ told the lawyer, adding "while declining the above PIL, we express nothing on merits".

The bench asked advocate Ujjawal Gaur, who has filed the PIL as a petitioner, to focus on some legal matters and leave such issues for aggrieved persons. The

plea was filed against the decision of the Union education ministry and the National Testing Agency to cancel the UGC-NET exam following inputs that its integrity may have been



compromised. The ministry on June 19 had ordered the cancellation of the UGC-NET exam and handed over the matter to the CBI for an investigation.

In the plea, Mr Gaur also sought a direction to immediately stay the proposed re-examination of the UGC-NET exam until the CBI completes its inquiry into the paper leak allegations. "The petitioner asserts that the decision is not only arbitrary but also unjust, given the recent findings of the Central Bureau of Investigation (CBI). The CBI's investigation brings the fact that the evidence suggesting the paper leak is doctored, thus nullifying the grounds on which the cancellation was based," the plea, filed through advocate Rohit Pandey, said. The petitioner submitted that the "unwarranted" cancellation of the exam has caused significant distress, anxiety, and an unnecessary expenditure of resources for the aspirants who have rigorously prepared for this crucial examination.

## Time to focus on medals: Tarun Tahiliani on criticism over Paris Olympics uniforms

**New Delhi:** Fashion designer Tarun Tahiliani, who was slammed for the Indian contingent's costume at the 2024 Paris Olympics, has said he stands by the design of the uniforms. Stressing it was time to focus on the medals, Tahiliani asserted several big-wigs had asked him to make a similar uniform for them. "I stand by these uniforms," Tahiliani said, adding, "It was not my decision to put the ladies in sarees at the last minute, but still I wanted a cohesion between the flag and uniforms, and I stand by them."

The flotilla down the seine is long over. Many industrialists who were there have asked me to make this uniform for them. A difference of opinion is totally fine," he added. Olympic outfits for the athletes faced heavy criticism on social media as many called the outfits an "eyesore" and a "work of absolute mediocrity". The uniforms saw male athletes dressed in a white kurta pyjama with a jacket featuring the saffron and green of the Indian tricolour, while the women

athletes wore sarees. Following the backlash, Tasva, an Aditya Birla Group brand of which Tahiliani is the chief design officer, said they did not aim for haute couture. "We at Tasva by Tarun Tahiliani are aware of the comments doing the rounds but would request your consideration and support on the following." "We did not aim for haute couture; our focus was on creating functional and comfortable uniforms for our athletes. We are proud and gratified by the positive feedback we've received, especially from the athletes themselves."

"We recognise that in a diverse country like India, opinions will vary, and we welcome all perspectives. Our ultimate goal remains to represent India with dignity and pride on the global stage," a statement by Tasva read. "We at Tasva feel that the best way to represent the country is the tricolor. And we feel

that when the athletes wore the tricolor designs and sailed past the Seine River, it was a powerful imagery and a very proud moment for all us Indians," it read.



### OLYMPIC UNIFORM FACES CRITICISM

Jwala Gutta, former Indian badminton star, in an X post, slammed those who were responsible for the uniform and said the garments made for the Indian contingent have been a huge disappointment. "After

not much of thinking... The garments which was made for the Indian contingent participating in Olympics this time has been a huge disappointment!!

(Especially when the designer was announced I had huge expectations). First not all girls know how to wear a saree... why didn't the designer use this common sense and make proper draped saree (which is in current trend)," (sic), Gutta's X post read.

"The girls looked uncomfortable the blouse was of bad fit!! And second the colour and the print was so opposite of beautiful Indian!! There was an opportunity for the designer to display the art of our culture through embroidery or hand paint!! It was a work of absolute mediocrity and looked shabby!!!" she wrote. "I really hope the sports family stops compromising on quality for our sportspersons looks on court and off court!!!" Gutta tweeted.





# Wear right Makeup during summer

Using the right makeup products during summer can be a tedious task for women, but keeping some factors in mind can help.



Makeup artist Rishab Khanna, who has styled some of the prominent Bollywood faces including Kajol, Karishma Kapoor and Neha Dhupia, suggests some quick tips:

- \* Wear a primer after moisturising your face and before foundation. This extra step will hold your foundation better and for a prolonged time.
- \* Instead of foundation, use tinted moisturiser that has SPF in it. This will make you feel light on the face while it is hot and steamy outside and protect you from the sun.
- \* Instead of a thick layer of lipstick, use bright and fresh colours on your lips. Use

bright coloured tinted lip balms and lip tints. These will add colour to your face.

- \* Try a subtle tint for your cheeks and avoid heavy cakey blush. If you love bronze, use bronzer on high points of your face to get a sun-kissed look.
- \* For eyes, wear a gel liner with water proof mascara so that it stays in place even if you sweat. You can dab some powder eyeshadow with an angular brush on top of the liner to make it stay intact for long.
- \* Use a light foundation for your neck and shoulders so that it does look different from your face. Keep it light and always use a SPF sunscreen.



# Ayurvedic

tips to keep skin problems away!

How to keep skin problems away!

**Avoid spicy and oily food:**

To keep your skin healthy in the monsoon season, avoid spicy, oily and sour foods. The high humidity levels cause the digestive system to weaken and heavy food can lead to an upset stomach. These types of food also aggravate pitta which is responsible for a variety of skin breakouts and eruptions in this season. Eat light and easily digestible foods, cooked or steamed vegetables, zucchini, squash, pumpkin, steamed salad, fruits, moong dal, khichree, corn, chickpea flour, and oatmeal etc.

**Say no to pitta aggravating beverages:**

We understand that you can't begin your day without a cuppa but try to reduce your daily intake. Coffee and alcohol is a strict no because it is notoriously known for aggravating pitta and acidity. Replace them with pitta pacifying herbal teas.

**Keep your skin dry:**

Getting a little wet or sometimes getting drenched is not uncommon when you are outdoors during the rainy season. However, don't let your skin remain wet for a long time while enjoying the monsoon showers. It is important to keep your skin folds and feet dry and clean at all times. Damp skin is a breeding ground for fungal infections.

**Wheat grass, a tonic for your skin:**

Wheatgrass is a tonic for your skin. It is helpful in boosting the immune system and helping you in warding off or controlling skin

disorders in monsoon. A healthy immune system is reflected in a healthy and glowing skin. Wheatgrass is rich in antioxidants and is instrumental in detoxifying the blood.

**Drink a lot of fluids:**

No, we are not talking about the one that gets you tipsy! Drink at least 8-10 glasses of clean water daily. Though you need to keep dry outside in this season to prevent skin problems it is important to consume adequate quantities of water to keep your skin hydrated.

**Eat fresh:** Eat fresh and unprocessed food to keep your body and your skin functioning at an optimum level. Don't rely on packed, refrigerated and processed food. Instead of ordering pizzas, burgers or feasting on chips, relish some fresh homemade food. Eat a lot of fruits and green vegetables.

**Avoid alcohol-based skin cleansers:**

You should avoid alcohol-based skin cleansers because it irritates and dries your skin. Instead use a herbal soap or cleanser regularly to get rid of excess oil, grime and dust, and of course to keep you skin free of bacterial infections.

**Use cooling herbs:**

It is beneficial to use the herbs that have cooling effects on the body (pitta pacifying) such as fennel, coriander seeds and Indian gooseberry (amla) for a glowing skin in monsoon. Amla helps to detoxify the liver and aids

digestion - and is also a good source of Vitamin C and other minerals. One of the benefits of taking it regularly is a flawless complexion.



## Why coconut oil is good for

# Your Skin

Coconut oil is considered one of the best oils that is mostly used for treating any kind of hair problems — be it dandruff, itchy scalp etc.

However, coconut oil according to Ayurvedic experts is also considered to be one of the best ways to treat any skin-related disorders. Here are a few problems that can be healed using coconut oil.

**Acne and acne scars**

The application of coconut oil can help reduce the occurrence of acne. Mostly acne happens when the pores of your skin gets blocked. Coconut oil not only helps clear the pores but also reduce the swelling around the area. Further, acne scars can also be treated using coconut oil. Regular application of this oil

will lessen the scar and also clear your complexion.

**Itchy skin**

Another advantage of using coconut oil on your skin is that it helps treat itchy skin. It soothes the skin and also hydrates it so there is no way you can develop dry skin.

**Cures skin rashes**

Skin rashes are common during this season. Thus, the application of coconut oil will make your skin super soft and will reduce the occurrence of rashes.

## Three office Makeup looks for the season

**Boardroom presentation**

Highlight one of your features, either the lips or eyes. For instance, colour your lips in a bright shade and let your eyes have the bare minimum of colour. If red is too bright for you, pick lip colours like plum or burgundy.

**Dinner party**

An office party or post-work hangout allow you to bring a little drama to your look. Do a winged cat-eye and keep the liner thick on the lower inner rims as well. Use a pink lip gloss to finish off.

**Corporate lunch**

A hint of peachy blush will add some freshness to a dull afternoon. Outline your lips with a lip pencil in a corresponding shade and fill it in with a creamy matte lipstick in the same shade. You can choose from colours like light pink, peach, nude or even a lighter shade of brown. Make a thin outline around your eyes, and don't make it too high.

**Dos and don'ts**

Stick to neutral colours for a corporate office environment  
 Don't overdo the colours and compact  
 Opt for blushers in colours like rose and apricot. Indigo blue, browns and grey are great options for eye shadows and liners.  
 Don't wear yellow-tinted colours like coral and fuchsia, since they could make your teeth appear yellow  
 Keep the foundation to a minimum  
 For an alert look, don't forget the mascara and curl your lashes with an eyelash curler before stepping out  
 Air-conditioned environment dehydrates the skin. So, keep lip balm and hand lotion handy in your bag









# Urvashi Rautela

## Reacts to Her 'Leaked' Bathroom Video That Went Viral: 'I Was Upset...'

Urvashi Rautela opened up about her 'leaked' bathroom video. The actress confessed that the video was from her upcoming film, Ghospaithiye. Although it was from her film, she admitted she was upset that the video was 'leaked' online. "The day the clip went out, obviously I was upset for that period of time. Of course it's not my personal life, it's not my personal clip, it's part of a movie, Ghospaithiye," she told Instant Bollywood.

For the unversed, a few days ago, a video of Urvashi was widely shared online. While netizens debate whether the leak was a breach of privacy or a PR stunt, Urvashi's phone call recording with her manager has also leaked online. In the recording, Urvashi can be heard asking her manager, "Have you seen the video? I just don't understand ki how are these things going out. I need to get on a call with them immediately."

Her manager assured her that he was trying to get the video taken down from social media. He said that while he understands that "it's a sad situation", they should talk in person and avoid talking on call. Meanwhile, Ghospaithiye is set to release on August 9. Urvashi stars in the film with Akshay Oberoi. The film is directed by Susi Ganeshan.

Urvashi was also in the news after she was hospitalised. Urvashi was hospitalised in Hyderabad earlier this month. As reported by Free Press Journal, the actress was recently working on Nandamuri Balakrishna's upcoming Telugu film NBK 109 in Hyderabad when she suffered an injury while shooting an action sequence. Urvashi's team confirmed the news of her hospitalisation and revealed that she suffered a 'terrible' fracture. It further mentioned that even though the actress is currently in pain, she is receiving the best of all treatments.



# Shehnaaz Gill

## Shares About Paranormal Encounter In Miami: 'There Was A Ghost...'

Actress and social media sensation Shehnaaz Gill, currently on tour in the US, recently shared an eerie experience during her stay in Miami. Shehnaaz claimed she "felt a ghost" in her room and sensed "negative energies" around her. On Sunday, she shared a vlog on YouTube, capturing her adventures as she explored the streets of Miami with her brother Shehbaz and other family members. The vlog captures Shehnaaz Gill visiting a makeup store and stopping by a restaurant to enjoy some carrot juice. During a brief walk, Shehnaaz asked her cousin to recount the previous night's events. Her cousin replied, "There was a ghost in the room."

Shehnaaz elaborated, "Guys, we experienced something. There were some negative energies in our room. She will explain it better and then share what Shehbaz did." Her cousin explained how they all went to sleep in the early hours but were awakened by a strange sound.



Shehnaaz added that Shehbaz was so scared he refused to enter the room until everyone else was there, saying, "How will I save you if I am not safe?" The vlog continued with Shehnaaz spending time on the beach and meeting some fans. Shehnaaz began her career in the glamour world as a model, featuring in the 2015 music video 'Shiv Di Kitaab'. She made her Punjabi cinema

debut in 2017 with 'Sat Shri Akaal England'. Her life took a significant turn in 2019 when she participated in the controversial reality show 'Bigg Boss 13', hosted by Salman Khan. The actress gained a massive fanbase after finishing third in the show, which was won by the late actor Sidharth Shukla. Shehnaaz has also appeared in films such as 'Kisi Ka Bhai Kisi Ki Jaan' and 'Thank You for Coming'. Shehnaaz is gearing up for her next project Sab First Class along with Varun Sharma. Helmed by Balwinder Singh Janjua, the film will be an out-and-out family entertainer. On January 20 this year, Shehnaaz officially announced the film by sharing an Instagram post. "2024 begins @fukravarun @balwindersinghjanjua @muradkhetani @cine1studios @officialjiostudios @movietunnelproductions," she wrote.



## Katrina Kaif Captures Vicky Kaushal Lounging On The Couch With A Soft Toy: 'Lazy Sunday Aur Wife Ke...'



Vicky Kaushal and Katrina Kaif are one of B-Town's most adorable couples, often sharing their love on social media. The couple spent their Sunday together, now that Katrina Kaif is back from Austria, where she was rejuvenating. On Sunday evening, Vicky shared a picture of himself lounging on the couch, clutching a soft toy and flashing a big smile. He wore a grey tee in the photo. What stood out, apart from Vicky's smile, was his sweet caption for Katrina. It seems Katrina channelled her inner photographer and took the picture. Vicky captioned the photo, "Lazy Sunday and wife ke andar ka photographer jaag gaya!"

Recently, Vicky Kaushal was asked during media interaction if he would work with wife Katrina Kaif and his answer is garnering everyone's attention. Replying to the question, Vicky said, "I hope that Katrina and I will be seen in a film soon. We are also looking for such a story, but we do not want to do a film that is made just by taking us together. Our pairing should be according to the demand of the story, only then will it be fun. We are waiting and we are not in any hurry for this."

Vicky will next be seen in the upcoming historical drama film Chhava. The film is directed by Laxman Utekar and produced by Dinesh Vijan of Maddock Films, with music composed by A. R. Rahman. The film stars Vicky Kaushal as Maratha emperor Sambhaji, son of Shivaji. Rashmika Mandanna, Akshaye Khanna, Ashutosh Rana and Divya Dutta play supporting roles. The film is scheduled to release on December 6. On the other hand, Katrina was last seen in the mystery thriller film Merry Christmas. It was directed by Sriram Raghavan and starring Katrina Kaif and Vijay Sethupathi as the main lead. The film was produced jointly by Ramesh Taurani, Jaya Taurani, Sanjay Rouray and Kewal Garg under Tips Films and Matchbox Pictures.

## Sonakshi Sinha Walks The Ramp First Time After Wedding; Exudes Elegance In A Thigh-High Slit Gown



Sonakshi Sinha is making heads turn and how. She made a stunning return to the ramp as the showstopper for designer Dolly J's collection at India Couture Week in Delhi on Saturday. This marks her first runway appearance since tying the knot with actor Zaheer Iqbal. A paparazzo captured the moment on video and shared it on Instagram, which showcased Sonakshi's confident stride and radiant presence on the catwalk. Sonakshi looked all things beautiful in a sequin thigh-high slit gown. She flashed her million-dollar smile, left her wavy locks open and was a complete vision to behold on the ramp. She styled her shimmering blush pink gown with a cape and heels.

Post the event, Sonakshi also opened up about her wedding with Zaheer. In an interview with ANI she shared, "I genuinely feel the simpler bride is going to be back. I honestly had the freedom to enjoy my wedding so much because I was so comfortable. And I was able to breathe and move around. And I didn't stress myself out. So I think a simpler but beautiful bride, that's going to be a forthcoming trend for sure." She further added, about how she chose her wedding outfit, she said, "It took five minutes for both of us to choose outfits. I was very clear in my head that I wanted to wear a red saree. And I was very clear in my head that for my actual signing and the wedding, I wanted to wear my mother's saree and her jewellery, which is exactly what I did. So it was all in my head. And we just brought it to life on that day. We're very not so fussy people." Sonakshi Sinha and Zaheer Iqbal got married on June 23 in the presence of their loved ones at their residence in Mumbai. Their first post-wedding update featured beautiful photos from their civil ceremony, with a heartfelt caption revealing that they first committed to each other seven years ago. The caption read, "Today, that love has guided us through all the challenges and triumphs, leading up to this moment. With the blessings of both our families and both our gods, we are now man and wife. Here's to love, hope, and all things beautiful with each other, from now until forever."??

Following their intimate ceremony, the couple hosted a grand reception in Mumbai, attended by industry stars, including Salman Khan. Since their marriage last month, Sonakshi and Zaheer have been enjoying their newlywed life to the fullest.